

**Indoor Triathlon results - LifeCenter Plus, Hudson Ohio**  
**Sponsored by Team ER - March 10, 2013**

**Women**

Overall	Name	Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Lorson, Lindsey	23.50	0.73	10.89	21.50	2.39	<b>14.01</b>
	2 Joy, Nicole	19.00	0.59	10.12	25.00	2.78	<b>13.49</b>
	3 Ploskunak, Libby	20.50	0.64	10.00	22.00	2.44	<b>13.09</b>
<b>20-24</b>							
	1 Brooks, Samantha	17.50	0.55	9.01	18.00	2.00	<b>11.56</b>
DNS	Schaper, Danielle		0.00			0.00	<b>0.00</b>
<b>25-29</b>							
	1 Mackil, Lisa	12.00	0.38	10.07	16.00	1.78	<b>12.22</b>
	2 Lorenz, Beth	10.00	0.31	8.47	12.00	1.33	<b>10.12</b>
<b>30-34</b>							
	1 Benedict, Sarah	20.00	0.63	10.07	16.00	1.78	<b>12.47</b>
	2 Kiraly, Rebecca	12.00	0.38	9.04	20.00	2.22	<b>11.64</b>
	3 Lerch, Melina	11.50	0.36	7.72	22.00	2.44	<b>10.52</b>
	4 Gesaman, Krista	12.00	0.38	7.70	18.00	2.00	<b>10.08</b>
DNS	Wilinski, Megan		0.00			0.00	<b>0.00</b>
DNS	Kreiner, Allison		0.00			0.00	<b>0.00</b>
<b>40-44</b>							
	1 Sucharzewski, Eliz	17.00	0.53	9.74	17.00	1.89	<b>12.16</b>
	2 Lautzenheiser, Hea	15.00	0.47	9.68	17.50	1.94	<b>12.09</b>
<b>45-49</b>							
	1 Weber, Amy	23.00	0.72	9.93	21.00	2.33	<b>12.98</b>
	2 Kreidler, Lynette	18.00	0.56	9.92	18.00	2.00	<b>12.48</b>
<b>50-54</b>							
	1 Howard, Carol	24.00	0.75	10.16	19.00	2.11	<b>13.02</b>
	2 Schwarz,Lori	15.00	0.47	9.44	17.00	1.89	<b>11.80</b>
	3 Brooks, Melissa	11.00	0.34	8.07	13.50	1.50	<b>9.91</b>
	4 Schaper, Kathleen	13.50	0.42	8.02	11.50	1.28	<b>9.72</b>
<b>55-59</b>							
	Schmauder, Barb	8.00	0.25	7.40	11.00	1.22	<b>8.87</b>
<b>60-64</b>							
	Brooks, Rae	11.50	0.36	7.10	11.00	1.22	<b>8.68</b>

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**Men**

Overall	Name	Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Blaze, Vern	23.50	0.73	11.69	26.00	2.89	<b>15.31</b>
	2 Barry, Joshua	21.50	0.67	10.83	27.00	3.00	<b>14.50</b>
	3 Lautzenheiser, Kev	13.50	0.42	10.77	27.00	3.00	<b>14.19</b>
25-29		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Gillespie, Zachary	18.50	0.58	10.28	24.00	2.67	<b>13.52</b>
	2 Jordan, William	14.50	0.45	9.84	24.00	2.67	<b>12.96</b>
	3 Benedict, Matthew	13.50	0.42	9.57	21.00	2.33	<b>12.33</b>
30-34		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Breglia, Daniel	15.00	0.47	10.28	22.00	2.44	<b>13.19</b>
35-39		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Joy, Anthony	19.00	0.59	10.28	26.00	2.89	<b>13.76</b>
	2 Lubinsky, Daren	21.00	0.66	9.13	22.00	2.44	<b>12.23</b>
	3 Morris, Jon	20.00	0.63	9.16	21.50	2.39	<b>12.17</b>
40-44		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Williams, Michael	19.00	0.59	10.31	23.00	2.56	<b>13.46</b>
	2 Lowe, Kevin	18.50	0.58	9.98	21.00	2.33	<b>12.89</b>
45-49		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Collins, Greg	23.00	0.72	10.60	23.00	2.56	<b>13.87</b>
50-54		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Hazly-Wood, Edwa	14.50	0.45	10.78	18.00	2.00	<b>13.23</b>
	2 Wood, Glen	16.00	0.50	9.71	20.00	2.22	<b>12.43</b>
55-59		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Cervantez, Jesse	15.00	0.47	9.85	16.00	1.78	<b>12.10</b>
	2 Osolin, John	12.50	0.39	8.60	15.00	1.67	<b>10.66</b>
60-64		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Kreiner, Chuck	8.00	0.25	8.63	12.00	1.33	<b>10.21</b>
70-74		Laps	Swim distance	Bike distance	Laps	Run distance	Total distance
	1 Held, Jon	11.50	0.36	8.05	12.00	1.33	<b>9.74</b>